

AUGUST 2015

Galloway Senior Center Calendar Activity Description

All Activities are **HELD** at the Galloway Senior Center

All Programs are for INFORMATIONAL purpose....

CALENDAR is SUBJECT to CHANGE

August 4 @ 9:30... ZUMBA with Terry....Cost is \$5 to Participate at the door.

REGISTRATION Required Jenn in the office (609)652-8657 x3

August 4 @ 11 am... The importance of oral hygiene presented by Rutgers Dental with **FREE** healthy snack

August 6 @ 9:30 SCOSA – Exercise, chair YOGA & Stress Reduction (\$6.00 payable at each session)

August 11 @ 9:30am... Improving Memory with hypnotherapy **FREE** Breakfast snack

August 11 @ 11:30 am...BINGO Sponsored by Egg Harbor Care Center **FREE** Lunch

August 13 @ 9:30 SCOSA – Exercise, chair YOGA & Stress Reduction (\$6.00 payable at each session)

August 18 @ 9:00 am -12 noon... AARP driving CLASS **RESERVATIONS REQUIRED YOU MUST BE PRESENT BOTH DAYS TO RECEIVE CERTIFICATE**

August 20 @ 9:00 am-12 non... AARP driving CLASS **RESERVATIONS REQUIRED YOU MUST BE PRESENT BOTH DAYS TO RECEIVE CERTIFICATE**

August 25 @ 9:30 am Coffee and Tea with Galloway Police Chief Donna Higbee

August 25 @ 11:00 am ...BINGO sponsored by Fountains **FREE** Lunch

August 27 @ 9:30 am... SCOSA – Exercise, chair YOGA & Stress Reduction (\$6.00 payable at each session)

Nutrition Site Every MWF – Lunch @ 12 pm Reservations are REQUIRED 241-0246

Atlantic County Book Mobile every Wednesday 11:30-12:30 pm

The Galloway Senior Center WILL NOT be accepting any donations of books or magazines

AARP driving class will be held August 18 & 20 9am-12 noon

RESERVATIONS ARE REQUIRED (609) 652-8657 ext 3



Galloway Township Community Services

Offices of Seniors Services

621 W White Horse Pike Egg Harbor NJ 08215

Phone 652-8657 fax 652-9985

Email: gtseniors@comcast.net

AUGUST 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Lunch @ 12pm	4 Zumba Dental Hygiene	5 Lunch @ 12pm Book Mobile	6 Yoga	7 Lunch @ 12pm	8
9	10 Lunch @ 12pm	11 Improving memory Bingo	12 Lunch @ 12pm Book Mobile	13 Yoga	14 Lunch @ 12pm	15
16	17 Lunch @ 12pm	18 AARP Driving class	19 Lunch @ 12pm Book Mobile	20 AARP Driving class	21 Lunch @ 12pm	22
23	24 Lunch @ 12pm	25 Coffee With Cheryl Higbee Bingo	26 Lunch @ 12pm Book Mobile	27 Yoga	28 Lunch @ 12pm	29
30	31 Lunch @ 12pm			Atlantic County Nutrition Site Call for Reservations 241-0246		

All activities on this calendar are held at the senior center, times & descriptions are on the back!